**VSIAS 2024 Schedule**

Exhibits 8:00 AM - 5:00 PM Monday - Wednesday Cascades Room/Foyer - Lower Level

Bathrooms are located on the Lower Level

Continental Breakfast 7:30 – 8:15 AM Monday – Wednesday in Cascades Room

**ALL SESSIONS ARE ON A FIRST COME, FIRST SERVED BASIS. DO NOT PLACE BELONGINGS IN ROOM TO SAVE YOUR SPACE.**

Sunday: 3:30 – 5:30 PM Pre-Conference Session

Breaks in Cascades Room: Monday 10:00 – 10:30 AM & 2:30 – 3:00 PM Tuesday 10:00 – 10:30 AM & 2:30 – 3:00 PM Wednesday 10:00 – 10:30 AM & 2:30 – 3:00 PM

Box Meals: Monday (Cedar Rm), Tuesday (Magnolia Rm), Wednesday (Magnolia Rm) Box Lunches 12:00 - 1:00 PM (ticket holders only)

The Awards Luncheon (ticket holders only) 12:00 - 1:00 PM Oak Rooms 1 & 2 - Lower Level Tuesday, July 22

**SUNDAY, JULY 21**

**3:30 – 5:30 PM PRE-CONFERENCE: Finding Solutions Within the System** **Abie Tremblay, PhD, LPC - VA, LPCC – ME, NBCC, CCMHC, CAADC & Dr. Mary Darden-Robinson** **(Intermediate Level) DOGWOOD ROOM**

**MONDAY, JULY 22**

**7:30 – 8:00 AM PRE-BREAK-OUT: Morning Mindfulness: Practices for Calming, Centering, and Grounding Nancy Johnston, MS, LPC, LSATP, MAC, NCC MAPLE ROOM**

**8:15 – 11:45 AM KEYNOTE: Mastering Your Emotions: Strategies for Managing Anger and Stress Paul Hardy, D.Min., MAC, CSAC, Anger Management Certified Presenter, SAP with the DOT (Intermediate Level) DOGWOOD ROOM**

**8:15 – 11:45 AM FULL DAY SESSION: New Idea for Motivational Interviewing Groups for Addiction: An Experiential Workshop Karen Ingersoll, PhD and Chris Wagner, PhD (Intermediate Level) OAK ROOMS 1 & 2**

**12:00 – 1:00 PM: LUNCHBOX SESSION: Breaking Ground: Virginia’s First Recovery High School Justin Savoy, MBA, M.Ed., MS & Melissa Mariner, LPC, ATR-BC (Introductory Level) MAGNOLIA ROOM**

**12:00 – 1:00 PM: LUNCHBOX SESSION: How Virginia’s Cities & Counties are Using Opioid Settlement Funds to Fight the Opioid Epidemic Anthony ‘Tony’ McDowell, OAA Executive Director & Cindy Newman (Introductory/Intermediate Level) DOGWOOD ROOM**

**1:15 - 4:45 PM: Holistic Program Utilizing Substance Use Disorder, Mental Health, and Create-an-Image Relaxation Trauma Therapy Lendell Braud, Ph.D. (Introductory Level) AZALEA ROOM 1**

**Understanding Medicaid & Impact for Substance Abuse Disorder Treatment & Recovery in Virginia Ashley Harrell, LCSW, MSW, BSW & Jason Lowe, MSW (Introductory/Intermediate Level) DOGWOOD ROOM**

**FULL DAY SESSION: New Idea for Motivational Interviewing Groups for Addiction: An Experiential Workshop Karen Ingersoll, PhD & Chris Wagner, PhD (Intermediate Level) OAK ROOMS 1 & 2**

**Emotional Freedom Techniques (EFT) for Enhancing Mindfulness & Meditation Suzan Thompson, PhD, LPC & Tina Curran-Taylor, MA, LPC, ICADC, BC-TMH (Introductory Level) MAGNOLIA ROOM**

**TUESDAY, JULY 23**

**8:15 – 11:45 AM: PLENARY:** **Substance Use Disorders & Addiction: Myths & Facts & Why We Have to Decipher Them From Each Other A. Omar Abubaker, DMD, PhD (Intermediate Level) DOGWOOD ROOM**

**12 noon – 1:00 PM Visionary Leadership Awards Luncheon Ticket Holders Only OAK ROOMS 1 & 2**

**1:15 - 4:45 PM: Spiritual Healing for Addiction: Helping Clients Rise in Their Recovery Kimberley Berlin, LCSW (Intermediate Level) DOGWOOD ROOM**

**Connecting: The Essence of Successful Substance Abuse Treatment Thomas Capshew, PhD, LCSW (Intermediate Level) MAGNOLIA ROOM**

**DBT and Trauma Useful Skills Jennifer Fariss, LPC, LSATP, ADS & Amy Pierce, Resident in Counseling, CSAC, ADS (Introductory Level) AZALEA ROOM 2**

 **From Codependency to Self-Recovery: A Treatment Guide for Clinicians Nancy Johnston, MS, LPC, LSATP, MAC, NCC (Introductory/Intermediate Level) CEDAR ROOM**

**Intentional Supervision: Promoting Developmental Growth with Substance Abuse Counselors Jennifer Walden, LPC, LSATP (SUPERVISORY Level) AZALEA ROOM 1**

**WEDNESDAY, JULY 24**

**7:30 – 8:00 AM PRE-BREAK-OUT: Morning Mindfulness: Mindfulness as a Treatment Foundation Nancy Johnston, MS, LPC, LSATP, MAC, NCC MAPLE ROOM**

**8:15-11:45 AM: PLENARY: Family Treatment & Recovery: The Path to Better Outcomes Jessica Swan, MCJ, MAC\* (Intermediate Level) (\*see Bio) DOGWOOD ROOM**

**12:00-1:00 PM LUNCHBOX SESSION: Unconventional Responses to an Unconventional Crisis – A Look Inside the Chesterfield County Jail HARP Program Sheriff Karl Leonard (Introductory/Intermediate/Supervisory Level) DOGWOOD ROOM**

 **12:00-1:00 PM LUNCHBOX SESSION: When You Know Better, Do Better Jan Brown, MSc, RCP, CPRS (Intermediate Level) CEDAR ROOM**

 **1:15-4:45 PM Trailblazing Leadership: An Inclusive Trauma Sensitive Yoga Therapy Recovery Model Marsha Banks-Harold, Director, C-IAYT, TCTSY-F, E-RYT 500, IAYT, YA, YAF\*** *Bring Yoga Mat* **(Introductory Level) (\*See Bio) OAK ROOMS 1 & 2**

**Ethics in Assessment, Diagnosis & Placement of Care Kathleen Caughell, LSATP, MCJ (Intermediate Level) DOGWOOD ROOM**

**Self-Harm in Addiction Counseling Dr. Amanda Graham, EdD, LPC-S, NCC, MAC, CSAC & Jaime Quinteros, VP Marketing & Communications (Intermediate Level) MAGNOLIA ROOM**

**Tactical Leadership; How to Engage Veterans in Treatment Jesalyn Moore, MSW, LSATP, LCAS, CAADC & Justine Evirs, CPRS, CSAC-A, CSAC Supervisee (Intermediate Level) AZALEA ROOM 2**

 **Identifying the Peer Role in Traditional & Non-Traditional Settings Nathan Mitchell, CPRS, Katie Thompson, CPRS, & Jordan Fisher, CPRS RPRS (Intermediate Level) CEDAR ROOM**